



The  
May  
2026  
Issue

What is  
in this  
issue:



Meet the  
Keika  
Girls'  
Dance  
Team:

Florge!



## Dancing Through Life... with **Sheila & Florge!**



Mr. Takaoka

### Florge Teacher Leader Survey

フロージュ先生アンケート

1. How did you come to be the club teacher for the new Keika Girls' dance team? Yuna, the team leader, asked me to become the club **advisor**. Before Koharu, the student coach, graduated, she had asked me to help out if any students came to me wanting to start a dance club.
2. Were you in a dance club as a student? No, I wasn't.
3. Can you tell me about how the club started activities in 2025 / Reiwa 7? Yuna reached out to all the students through Classi. About 20 students gathered, and our club **activities** began at the end of July.
4. How many girls from what grades are on the team? (Numbers from Reiwa 7 School Year)  
Junior high: 1st (1), 2nd (2), 3rd (5) high school: 1st (4), 2nd (5)
5. What is the process of joining the team? Is there an audition? No, but we held something like an **audition** on the first day of the activities to **assess** everyone's skill levels. If we have more members in the future, we may have to hold an audition to keep proper number of members.
6. When and where do you practice? [2025] Mon, Fri, Sat in the second campus. [2026] Mon, Wed, Fri, Sat, and Sun in the second campus.
7. The team's performing outfits are so cute and cool! What are the rules about that? As long as they aren't too **revealing** or **provocative**, we choose **outfits** that match the song. For K-pop songs, we try to choose the ones like what the **idols** are wearing.
8. What is your goal for the club in the future? Our goals are to enter **competitions** and win, become an **influential** club like the marching band, and, above all, learn a lot and grow as a person through dance.
9. What does the dance team's schedule for 2026 / Reiwa 8 look like? First Term: **Participate** in competitions, Second Term: **Perform** at the Sports Festival, Cultural Festival and End of the Year Christmas Stage, and Third Semester: Participate in competitions and hold the senior **graduation** performance.

# The Keika Chronicle

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## Keika Alum Florge Coach Survey

京華卒業生フロージュコーチアンケート





Koharu



Jessie

1. You are graduates of Keika Girls' School in 2025 (Reiwa 6 School Year), right? How did you come to be the new dance club coaches? 2025年(令和6年度)京華女子中学・高等学校の卒業生ですね!新ダンス部コーチに就任されたきっかけは何でしょうか?


 When I was a student here, there was no official dance club, so I practiced with a group of **volunteers**. In my senior year, I led a performance that included the current club president, Yuna. That **connection** is why I'm involved today!

 The **opportunity** came when Koharu first approached me during my first year of high school, and we performed together at the school festival. Especially for our final school festival, Koharu and I created all of the **choreography** ourselves, and we received a lot of **praise** from our teachers and many others. I believe that **experience** became the starting point for me.

2. What do you do as the dance club coaches? ダンスクラブのコーチとしてどのようなことをしているのですか?


We... do music choosing & mixing, film dance routines, choose costumes, choreograph dances, teach dance **techniques**, make club posters, take club pictures, and give various advice.


3. I hear that you picked the name of the team? Why did you choose "Florge" and what does it mean? チーム名はあなたが決めたそうですね?なぜ「Florge」を選んだのですか?また、どんな意味があるのですか?

 I wanted to **incorporate** a "floral" element to honor the school name, Keika (京華). I started with "Flo" from Flower. I also wanted to **capture** the importance of movement and **emotion** in dance, so "Flo" **represents** Flow as well. The suffix "-orge" comes from the word Forge. While this word can sometimes mean "to fake," it also means "to create something strong" or "to move forward with **determination**." I chose it as a reminder for us: if we lack effort, our performance is just a **facade**; but if we **unite**, we can forge a path to great success.


 I created it with Keika Girls' flower in mind.


4. As Keika Girls' high school students you performed in a small unofficial dance group with your friends using great foreign music, right? (I was a big fan!) What is your approach to international music and dance? 京華女子高等学校時代、素晴らしい海外の音楽を使って、友達と小さな非公式ダンスグループでパフォーマンスをしていましたよね?(私は大ファンでした!)海外の音楽やダンスに対して、どのようなアプローチをしているのですか?

 Influenced by my parents, I've listened to all kinds of music—from the 80s to the latest hits—since I was a child. I try to stay **sensitive** to **trends** and listen to everything! I organize my playlists by dance genre: "Hip-hop" style for powerful tracks, and "Girls" style for more **soulful** or **sleek** songs. When picking music for a piece, I choose a theme first, then dive into my playlists. (Personal favorites: Madonna, Ciara, Britney Spears, and Dua Lipa—you'll definitely hear their tracks in my choreography!)


 I approach international music and dance with **respect** and **curiosity**. I try to understand the meaning of the **lyrics**, the **culture** behind the music, and the emotions it carries. Then I express those feelings through my own style and **interpretation**.


5. What is the biggest inspiration for your choreography? 振り付けの最大のインスピレーションは何ですか？

 For me, the music itself is the biggest **inspiration**. Since **rhythm** is the soul of dance, I spend a lot of time finding unique ways to interpret beats. Whenever I have a free moment, I'm listening to music and **visualizing** formations and steps simultaneously. If I ever feel stuck, I watch other dancers on social media or attend workshops to absorb new movements.


 To **express** the meaning of the lyrics through movement.


6. What is your goal for the club in the future? 今後のクラブの目標は何ですか？

 Our biggest upcoming goal is to compete in dance **tournaments**. Although the club is less than a year old, our members are **diamonds** in the rough. They've improved incredibly fast this past year, and I know they will only continue to shine. My mission is to showcase the **brilliance** of Florge on the **national** stage.


 Before becoming technically good dancers, I want everyone to have more **confidence** in themselves.


7. What does dance mean to you? あなたにとってダンスとは何ですか？

 To be honest, I have a pretty strong **personality**, so I wouldn't say I'm the type to have hundreds of friends! **LOL**. However, while you can dance alone, it's usually something you do with others. Through dancing together, you naturally open up and connect. In fact, meeting the wonderful members of this club has been a **lifesaver** for me—it's how I found my community.


 Life ♡♡

8. Do you have any advice for girls who may want to join Florge but are shy or scared? Florge に参加したいけれど、恥ずかしがり屋だったり怖がったりする女の子たちに何かアドバイスはありますか？

 It's perfectly normal to feel shy or scared if you've never danced before. We don't expect you to be a pro overnight or to lose your shyness immediately. Even if it's hard to express yourself through movement, as long as you have that **spark** in your heart that says, "I really want to dance!", that's all you need. We are here to **support** you every step of the way!

 If you are even a little interested in dance, I'm waiting for you 🥰🥰

9. If you could only dance to one song for the rest of your life, what would it be? 残りの人生で1曲だけ踊れるとしたら、何を選びますか？

 DISTANCE (m-flo remix) by Hikaru Utada

&

Toxic by Britney Spears

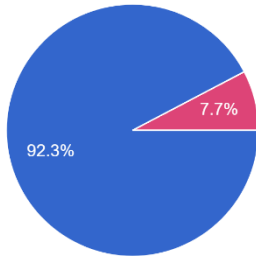




## Florge Student Member Survey

### フロージュ生徒メンバーアンケート

1. Why did you join the new dance team (Florge) at Keika Girls' School? 京華女子中学・高等学校の新ダンスチーム (Florge) に参加したきっかけは何ですか？



- I love to dance. ダンスが大好きです。●
- I had free time. 暇がたくさんありました。
- I wanted to make more friends. もっと友達を作りたいかったです。
- I wanted to exercise more. もっと運動したかったです。
- I love interesting music. 面白い音楽が好きです。
- I didn't like any other clubs. 他のクラブは好きではありませんでした。
- I want more experiences for my university chances. 大学進学に向けて、もっと経験を積みたいです ●
- I wanted to learn from Keika senpai. 京華先輩から学びたいかったです。
- I wanted to wear fun costumes on stage. ステージで楽しい衣装を着たいかったです。
- I wanted ranks or experience in competitions. 競技会での順位や経験が欲しかったです。

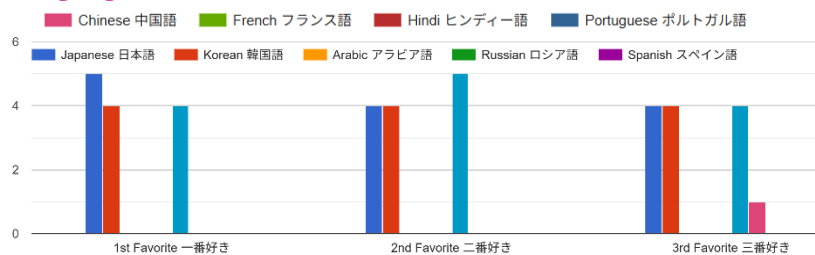
2. What is the best part of being in Florge? Florge に所属して一番良かったことは何ですか？

先輩後輩と協力して活動できるところ	The best thing was making teammates.	I feel happy many times!	ダンスができること
I became more confident in myself	素敵な先輩や後輩、先生に出会えたこと	毎日がより充実するようになった	I get along well with seniors, juniors, coaches, and teachers.
先輩と後輩、先生、コーチと仲良くなったこと。ダンスのレベルが上がったこと。	The best part of being Florge is meeting so many lovely and wonderful friends.	体育祭	学校でダンスを披露できること

3. What is the worst part of being in Florge? Florge に所属して一番きついことは何ですか？

I have no stamina, so I got muscle pain.	なし	Muscle pain due to unfamiliar movement.	The worst part of being Florge is practicing a lot before performances.
気分が乗らない日も気持ちを整えて学校に行かなきゃいけないこと	練習時間が長いことです。でもその分、終わった後は達成感があります。	練習時間が長いので体力が必要などころ	練習時間が長いことです。でもその分、終わった後は達成感があります。

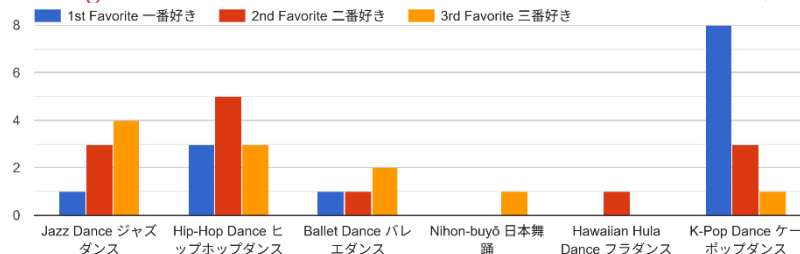
4. What are your top 3 languages to dance to? ダンスをする時によく聞く言語トップ 3 は何ですか？



5. What are your favorite genres of music? 好きな音楽ジャンルを教えてください。

First was **Pop**, second was **Hip-Hop/Rap**, third was **Classical**, fourth was **Rock**, fifth was **Musical Theater**, sixth was **Country Western**, and seventh was between **Alternative** and **Electronic (EDM)**.

6. What are your top 3 favorite genres of dance? 好きなダンスジャンルをトップ 3 教えてください。



7. Do you have any advice for girls who may want to join Florge but are shy or scared? Florge に参加したいけれど、恥ずかしがり屋だったり怖がったりする女の子たちに何かアドバイスはありますか？

まずは入ってみてほしい	勇気を出して一歩踏み出してみてください！一緒に踊れることを楽しみにしています！	Don't be nervous. Everyone is really kind!	ダンスが好きな人なら歓迎します
Everyone is kind enough to teach me, so it's okay	自分に自信を持って！沢山の人が入ってくれることを楽しみにしています！	最初は勇気が必要だけど心から楽しいと思えば怖くない!!	You will definitely have fun if you join. Even beginners are welcome, and no one will make fun of you. If you are interested, you should definitely join. You won't regret it!
とても楽しいので1回体験しにきてください！	Don't worry. Everyone will teach you kindly.	ダンスが好きなら挑戦してみてもいいと思います！	ダンスは自分を表現するものだから、自分をみてほしいという思いで、踊るのがいいと思います。

8. Do you have a *senpai-kohai* relationship with Keika Commercial High School's Keika Dance Crew/Club (KDC)? How so? 京華商業高等学校の京華ダンスクルー／クラブ (KDC) と先輩後輩の関係はありますか？どのような関係ですか？

We danced together at the Christmas stage last year./2025年の12月23日のクリスマスステージと一緒に踊らせていただきました！	We performed with Keika Commercial High School's Keika Dance Club last Christmas. Everyone is friendly.	先輩方みなさんとても優しいです！	Everyone is friendly. We walk home together and talk during breaks.
優しくてカッコいい先輩	一緒に踊ったことはあるけど親しくはない	友達	先輩後輩同士交流が多くて、仲が良いことです。

9. Do you think dance is a big part of Japanese culture? If so, how? ダンスは日本文化の大きな部分を占めていると思いますか？もしそうなら、どのような点でそうだと思いますか？

思わない	Yes In Japan, many people learn dance.	日舞や歌舞伎だと思います。	はい。SNS を中心に沢山の人が踊っていると思うからです。
大きくなってきていると思います。昔からの文化だと、茶道・書道・お祭りなど大きな部分とは言いにくいけど最近では、KPOP や Tik Tok など様々な分野で特に若い人たちの間で大きくなってきていると思います。	Yes, I do! Because many people in Japan enjoy dancing!	ダンスは日本文化の大きな部分を占めていると思います。お祭りの盆踊りなど、伝統的なダンスがあるからです。	Yes, I think so. Dance is a big part of festivals and school events in Japan.

10. If you could only dance to one song for the rest of your life, what would it be? 残りの人生で1曲だけ踊れるとしたら、何を選びますか？

Memories by RIIZE	HRB by Florge	BLACKPINK	TWICE- What is Love?	a song by IVE
Lady Gaga	Midas Touch	Permission to Dance by BTS	Ariana	ジャンボリミッキー

XOXO.

Yuzuki Yuri RIKO Ayaka H. 優彩 Ten Ako Yuna Lia Rio

ダンス同好会の魅力が伝わって欲しいと思います！